



Riverstone Family Medical Practice

October 2024 Update

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CLINICAL Tip of the Month

- *Wounds should be kept covered and moist to promote healing. **Do not leave a wound open to air until it has healed.***
- *After gently cleaning a simple wound cover it with a non-adherent dressing, keep it dry and change the dressing regularly.*
- ***For more complicated wounds please seek medical attention.***

Welcome

We're excited to welcome **Dr Kirby Campbell-Wood**, starting 17 October. A Sydney University graduate (2014), he has experience in **paediatric** and **adult medicine** across urban and rural hospitals.


Dr Campbell-Wood is a Fellow of The Royal Australian College of General Practitioners, has completed the Sydney Child Health Program, and is finishing a masters in Public Health and Tropical Medicine along with skin cancer training.

He has a special interest in **paediatrics and travel medicine** but enjoys all areas of General Practice. **Dr Campbell-Wood** will be available every Tuesday and Thursday plus some Saturdays . In his free time, he loves traveling, hiking, climbing, running, and reading.

A Message from
the RFMP Team

We would like to remind you that your upcoming **Care Plan** or **Health Assessment** appointment is scheduled to include both our nurses and doctor on the same day. This allows us to provide you with comprehensive review of your health needs.

Because these appointments are lengthy and involve multiple caregivers, last minute cancellations can affect not only your care but also other patients who are waiting for an opportunity to be seen. We appreciate your understanding and cooperation in keeping your scheduled appointment or informing us as soon as possible if you need to reschedule.

Thank you for helping us make the best use of our time and resources. 

ADMIN Tip of the Month

- ***Your current information is essential for your doctors to provide consistent care, including details like your blood pressure, height, weight, allergies and waist measurement.***

- *If you haven't visited the practice in the last six months, **our trained nurses are here to assist you.***
- ***Please inform the team if you're seeing your GP after a long absence, and they can schedule an appointment for you to update your records with the nurses.***

Doctor's Leave

The following doctors will be on leave over the next two months:

- Dr Lize Harrison..... 25 to 29 Oct
- Dr Melissa Joseph 22 Oct only, 22 Nov to 30 Nov
- Dr Larry Lam 9 Oct only, 4 Nov to 11 Nov
- Dr Rumi Liyanagamage 11 Oct & 19 Oct only
- Dr Rumi Liyanagamage 15 & 16 Nov, 18 & 19 Nov
- Dr Sharon Muir 14 Oct to 31 Oct
- Dr Anne Trang 3 Oct, 17 Oct & 31 Oct only
- Dr Anne Trang 21 Nov only

The Practice will be closed on Monday, 7 October, for Labour Day

“ You can't expect to always have a good hair day! ”



Practice Hours: Monday to Friday 8am to 6pm, Saturdays 8am to 1pm
For After Hours Care we recommend the national Home Doctor Service for home visits,
 contact on 13 74 25 (13 SICK)